



CHART DINING ROOM MENU

STARTERS

Chicken Barley Soup 

Moorings House Salad 

Moorings Spring Mix Salad

ENTREES

Pork Lechon

Roasted Shrimp 

Chickpea and Eggplant Curry

Chicken Pecan

SIDES

Fingerling Potatoes

Couscous with Peas 

Butternut Squash

Roasted Red Beets 

DESSERTS

Carrot Cake with Cream Cheese Icing 

Chocolate Chip Cookie

Assorted Ice Cream

Sugar free Dessert

Fresh fruit



Springpoint Wellness Program

LivWell Meal

Chicken Barley Soup

Roasted Shrimp

Couscous with Peas

Roasted Beets

Carrot Cake with Cream Cheese Icing